

# CMA Sunday Step & Tradition Meeting Literature Announcement

Hello. My name is \_\_\_\_\_ and I'm an addict.

CMA suggests the use of AA and NA printed materials. We carry useful books such as the AA Big Book, NA Basic Text, The AA 12 & 12, Living Sober, the NA Step Working Guide, and CMA's Expressions of Hope in addition to many other titles. We also have CMA pamphlets and meeting lists available for free. All available literature is sold at cost; however, if you cannot afford literature please see me after the meeting and I will make sure the literature gets into your hands.

We consider literature a very important aspect of each individual's journey in recovery. If you would like to find out how to obtain literature, please see me after the meeting or visit the literature tab at [www.nycma.org](http://www.nycma.org).

Another suggestion in CMA is to get a sponsor. A sponsor is another recovering addict who offers guidance and support in a one-on-one relationship. A sponsor listens, offers suggestions to help us stay sober, and helps us work the twelve steps. There are no rules, but most sponsors have at least one year of continuous sobriety, a working knowledge of the twelve steps & twelve traditions, and personal experiences dealing with life in recovery.

Now, to show that the program works, would anyone who has a year or more of continuous sobriety please raise your hand and hold it up for a moment? These are your potential sponsors. There are potential sponsors out there who need you to help them stay sober.

Thank you for allowing me to be of service.

## **HELPFUL INFORMATION:**

NYCMA's literature is available via this website: [www.nycma.org/literature](http://www.nycma.org/literature)

The NYCMA's Literature Clearinghouse Chair's email is: [clearinghouse@nycma.org](mailto:clearinghouse@nycma.org)

AA Literature is available at [www.nyintergroup.org](http://www.nyintergroup.org) The AA Intergroup Office is located at:

307 7th Ave No. 201

NYC, NY. 10001

212-647-1680

NA Literature is available at [www.newyorkna.org](http://www.newyorkna.org)