

## **Who is an Addict?**

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one way or another - the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or a woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.