

CMA RELAPSE PREVENTION  
MONDAYS 6:00PM – 7:15PM  
**SECRETARY'S SCRIPT**

---

Hello, my name is \_\_\_\_\_ and I am your secretary for tonight's meeting.

According to our 7<sup>th</sup> tradition each CMA group must be fully self-supporting, declining outside contributions. I will now pass the bag. Please give what you can, but remember we want you more than we want your money.

Is anyone from out of town or new to this meeting who would like to raise their hand and introduce themselves? This is not meant to embarrass you, but only so that we may get to know you.

We will now share our clean time in days, months and years. Would anyone counting days from 1-89 like to share his or her day count?

*(After Applause)*

Is there anyone celebrating 90 days or a multiple of months or years?

*(After Applause)*

Congratulations everyone!

May we please have 4 volunteers to set up the room and be greeters next week?

May we please hear from the literature chair?

May we please hear from the hospitality chair?

Are there any CMA related announcements?

Here at CMA we have a sponsorship program. One of the most powerful tools to help people stay sober is a sponsor. A sponsor is a person who helps guide you through the CMA program and is also there to listen. Being able to rely on a sympathetic ear can be particularly important when an individual is on the verge of a relapse. If you have a year or more of continuous sobriety please raise your hand. If you are in need of a sponsor please see me after the meeting.

When sharing please be mindful of others. Please remember the recovery of others and avoid glorifying drugs or drug-driven sex. We realize this is a part of many of our stories and needs discussion, however the chair or I may interrupt and redirect the share if it is triggering.

To give more people the chance to share, we ask that you limit your share to three minutes. We will give you a one minute warning at two minutes. Can I please have a volunteer to be timekeeper?  
Thank you \_\_\_\_\_.

Thank you, I will now turn the meeting back over to the chair.