

Chairperson's Script

Good evening and welcome to the New York Group Number One: Beginners meeting of Crystal Meth Anonymous. This is an open meeting of Crystal Meth Anonymous and anyone interested in our program of recovery is welcome to attend this meeting.

My name is _____ and I am a crystal meth addict. Please join me in the *Serenity Prayer*.

God, grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

I've shared that I'm an addict. Are there any other addicts present? Thank you for being here. If you are seeking recovery you are in the right place.

Crystal Meth Anonymous is a fellowship of men and women who share their experience strength and hope with each other so that they may solve their common problem and help others to recover from addiction to crystal meth and all other mind-altering substances.

- ❖ The only requirement for membership is a desire to stop using.
- ❖ There are no dues or fees for CMA membership; we are self-supporting through our own contributions.
- ❖ CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes.
- ❖ Our primary purpose is to live free of active addiction and carry that message to the addict who still suffers.

At this time, I would ask everyone to turn off any cell phones or pagers. Please refrain from texting at this meeting. Thank you.

In keeping with the second tradition, changes to the air conditioners, lights, or windows must be determined by a group conscience.

The format of this meeting is as follows:

- ❖ We will begin with a selected reading;
- ❖ Then our speaker will share his/her experience, strength and hope for 20-25 minutes;
- ❖ That is followed by a secretary's break with the sharing of clean time for those counting days.
- ❖ We will then open up the meeting to everyone for sharing.
- ❖ At 8:45 [8:40]* we will call for a "burning desire."
- ❖ If there are no burning desires, we will continue sharing until 9:00pm [8:45pm]*.
- ❖ [Tonight we have a business meeting after the meeting so if you wish to stay, please stay and if you need to leave, please leave quickly – you may wait for us in the front of the building for fellowship].*

I've asked _____ to read "*How it Works*"

**Red text are used the second Tuesday of every month, which is designated for business meetings.*

**20-25 MINUTE QUALIFICATION FOLLOWED BY SECRETARY'S BREAK
AFTER SECRETARY'S BREAK CONTINUE**

To let as many people share as possible, there is a three-minute time limit per share with a warning at two minutes. May I have a volunteer to act as spiritual timekeeper?

If anyone has had any self-prescribed mind or mood-altering substances within the last 24 hours, we ask that you refrain from sharing, as we want to hear from you and NOT the drug. If you need to speak with someone, please see me or someone else after the meeting. We will be happy to talk with you.

We will now go to a show of hands for beginners counting days until [*Chair splits remaining time between beginner's sharing and general sharing until 8:45*] [*8:40*]

AFTER HALF THE REMAINING TIME:

We will now open the meeting up to everyone, but beginners are encouraged to continue sharing.

AT 8:45pm [*8:40pm*]*

Now is the time we call for a "burning desire." This is the time of the meeting we reserve for those who feel that, if they do not get a chance to share, they may use, hurt themselves or hurt someone else. Are there any burning desires?

IF THERE ARE NO BURNING DESIRES:

Then we can continue sharing from the floor until 9:00pm [*8:45pm*]*

AT THE CLOSE OF THE MEETING

I've asked _____ to read "*The Promises*".

Thank you for a great meeting. And just a reminder: if you need a sponsor see [Sponsorship Chair] after the meeting. [*Remember, tonight we have a business meeting right after this meeting, so if you wish to stay, please stay and if you need to leave, please leave quickly – you may wait for us in front of the building for fellowship.*]*

TO THE SPEAKER: Would you please close the meeting with the *Serenity Prayer*?

God, grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.