

SUNDAY EVENING STEP AND TRADITION MEETING
(Chair Script)

Good evening and welcome to the Sunday Night Step and Tradition meeting.

My name is _____, and I am an addict.

Please join me in the Serenity Prayer:

“God, grant me the serenity to accept the things I can not change, courage to change the things I can and wisdom to know the difference.”

At this time I would like to ask everyone to silence or turn off all cell phones.

This is an open meeting of Crystal Meth Anonymous. Anyone interested in our program is welcome to attend this meeting. Each week we will read and share about the steps of CMA in sequence. On the last Sunday of the month we read and discuss the tradition that corresponds with that month. On the last Sunday in July we read the CMA 7th Tradition Pamphlet & on the last Sunday in December we read the new CMA “Anonymity” pamphlet. For those of you who are new, there is a beginner’s meeting tonight, which begins at 7:30 pm usually in this room. Please check at the front desk for the room number if you are interested, although everyone is welcome and encouraged to learn about the 12 steps at this meeting.

I have asked _____ to read “What Is CMA”

I have asked _____ to read “Who Is An Addict”

I have asked _____ to read “The Twelve Steps” (The 12 Traditions on last Sunday Tradition Meeting.)

Thank you. Is there anyone attending this meeting for the first time or visiting from out of town that would like to say hello?

Is there anyone counting days from 1 to 90 that would like to share his or her day count with us?

We also count clean time in months and years, is there anyone that would like to share their months or years with the group?

Congratulations everyone. The format of this meeting is as follows: We will read the chapter on the step (or tradition). By group conscience we alternate between the Alcoholics Anonymous 12 and 12 and the Narcotics Anonymous Basic Text.

We are currently reading from _____ (AA 12 & 12 or NA Basic Text).

*(Chair note * AA 12 & 12 - Step Twelve is read in 2 parts, week 1 end at first paragraph on page 117. On tradition night, we use the book that is currently in use.)*

The speaker will then share his/her experience on the step (or tradition) for up to 15 minutes with a one-minute warning.

We will then take a Secretary's break, after which we will continue with a show of hands until 7:10, at which time we will take a burning desire and conclude the meeting at 7:15.

(ON THE LAST SUNDAY OF THE MONTH, THE BURNING DESIRE WILL BE CALLED AT 6:55 AND THE MEETING ENDS AT 7:00 TO ACCOMMODATE THE MONTHLY BUSINESS MEETING.)

We will now begin the reading.

After the reading;

Sharing his/her experience on step (tradition)_____, I introduce_____.

7:10 Burning Desire (6:55 on Business Meeting 1st Sundays of the month):

Now is the time we call for a burning desire. A burning desire is reserved for someone who has not shared and feels if they do not get the chance to share they may pick up, hurt themselves out hurt someone else. Please only take a burning desire if you generally feel the need to do so.

Closing reading: "Into Action," "A Vision For You," "There Is A Solution," "The Promises" or "How It Works" (without the steps).

Close with the Serenity Prayer.
August 4, 2013

updated Sunday,