

## Long Term Sobriety

Good evening, and welcome to this Crystal Meth Anonymous topic meeting:  
*Long Term Sobriety... Advanced Beginners*. My name is \_\_\_\_\_ and I'm an addict.

I have asked \_\_\_\_\_ to read, "What is CMA?"

This is a meeting intended to help recovering crystal meth addicts address the challenges faced beyond the first year of sobriety.

Although the topic is advanced beginner sobriety, all CMA members are welcome at this meeting.

The format is as follows:

Our speaker will share his experience with addiction and recovery for about 15 minutes.

Then we will have a secretary's break, followed by a show of hands. Sharing will start with anyone who has over one year of continuous clean time. At 9:00 pm, sharing will be opened to all members. At 9:10 pm, I will call for a burning desire. The meeting will conclude at 9:15 pm.

This is a closed meeting. That means that anyone who thinks they may have a problem with drugs, specifically crystal meth, is welcome here. If you are here for any other reason, please step out, and we will be happy to talk to you about CMA afterwards. You can also attend any open CMA meeting.

Now it is my pleasure to introduce tonight's speaker, \_\_\_\_\_.

### **(Secretary's Break)**

We will now go to a show of hands with those who have more than a year. We ask that shares be limited to four minutes with a one-minute warning. May I ask someone to be our spiritual timekeeper? Please say "one minute" at three minutes, and "time" at four.

**9:00 pm** - It is time to open the meeting to everyone.

**9:10 pm** - It is time to call for a burning desire.

**End the meeting at 9:15 pm.**