

CMA
Living with HIV
Friday 6:15 – 7:15 p.m.

Good evening everyone and welcome to Crystal Meth Anonymous topic meeting: **Living with HIV**. My name is _____ and I am an addict living with HIV [pause]. Are there any other addicts present?

Welcome. If you are seeking recovery you are in the right place. Sit back and relax. This is a safe place and there is nothing expected of you. Please take a moment to turn off cell phones or any other personal electronics that may make any noise. I have asked _____ to read, "What is the Crystal Meth Anonymous Program?"

Thank you. This meeting is intended to help members of CMA who are living with HIV. The format of this meeting is as follows: Our speaker will share about his/her experience with addiction, recovery and HIV for no more than 15 minutes. After the speaker, we will have a secretary's break, followed by a show of hands until 7:00 p.m. Then we will call for a burning desire. The meeting will conclude at 7:15 p.m.

Group conscience has determined that this is a "closed" meeting. That means that anyone who thinks that they may have a problem with drugs, specifically crystal meth, is welcome here. If you are here for any other reason, such as curiosity or to support someone who might have a problem with crystal meth, we will be happy to talk to you about CMA afterwards. You can also attend any open CMA meeting such as the 8:00 pm meeting at GMHC later tonight.

Throughout the meeting we must respect the recovery of others by avoiding the glorification of drugs and drug-driven sex. If anyone feels that a share is too triggering, just raise your hand, and the chair will re-direct the discussion.

Now it is my pleasure to introduce tonight's speaker _____.

[10-15 min. Give the speaker a tap or nudge when he/she gets close to 15 minutes.]

[After Secretary's Break]

We will now go to a show of hands. In order to allow as many people to share as possible, group conscience has determined that shares should be limited to 4 minutes. May I ask someone to be the Spiritual Time-keeper? Please say "one minute" at three minutes, and "time" at four minutes. Thank you.

[At 7:10]

It's time to take a burning desire. A burning desire is if you feel that if you don't have a chance to share, you may pick-up, hurt yourself, or hurt someone else.

[At 7:15]

[Ask the speaker to close the meeting.]