



Mid-Atlantic Regional Assembly of CMA
Saturday, June 7, 2008
1:00 pm ET – 5:00 pm ET
Philadelphia, PA

Meeting Minutes

I. Opening Remarks

- a. John T, Chair Mid-Atlantic Regional Assembly
- b. Agenda for the day presented
- c. Representatives from DC, NY and PA welcomed

II. Workshop

- a. Bruce C from NY CMA facilitated
- b. Questions asked of all participants

i. Why are we here?

- * Be of service
- * Free food
- * Fellowship
- * Booty
- * Time to give back
- * Because I could
- * To understand how the Fellowship is growing
- * To see who we are
- * Sober references
- * For the newcomer
- * Elect Trustees to GSC
- * Sponsor Mid-Atlantic Roundup
- * Virtual meetings
- * Literature dissemination
- * Pen pal / buddy network
- * Speaker clearinghouse
- * List meeting locations
- * Share meeting locations
- * Set up Regional Steering Committee

ii. What do we hope to gain from today's meeting?

- * More meetings
- * Connect with regional fellows
- * Understanding of CMA
- * Inspiration
- * Sober reference
- * Get business done

- c. Reading/discussion of CMA's Ninth Tradition
- d. Additional questions asked of all participants

- i. How are we as individuals able to be of service?
 - * GSR
 - * Group inventory
 - * Secretary
 - * Positions
 - * Group conscience
 - * Attending meetings
 - * Qualifying
 - * Showing up
 - * Focus groups
 - * Seminars
 - * Business meetings
 - * PI Committee
 - * Showing up to meetings
 - * 12 step calls
 - * Sponsor
 - * Sharing
 - * Chair committee
 - * Carry the message
 - * 7th Tradition
 - * Cookies/cupcakes
 - * Listening
 - * Staying clean
 - * Setting up
 - * Cleaning
 - * Giving hope
- ii. How can a CMA Intergroup/area be of service?
 - * Elect representatives to WSC
 - * Contribute to World literature
 - * Regional website
 - * Express regional outlook
 - * Helping set up meetings
 - * Regional H&I
 - * Helping with special needs
 - * Video conferencing
 - * Clearinghouse for chips
 - * List serve/web communication
- iii. How can the Regional Assembly be of service?
 - * Creating literature
 - * Public Information
 - * Branding, logo, etc.
 - * World conference
 - * Start up

- * Helping new groups
 - * Online clearinghouse
 - * Participating in committees
 - * Website updates
 - * Institution meetings
 - * Phones
 - * Stocking literature
 - * H&I
 - * Publishing Newsletter
 - * Share-a-day
 - * Retreat
 - * Donating to General/World Services
 - * Dispersing funds
- e. Discussion of inverted-pyramid structure of CMA
- i. Individual
 - ii. CMA Meeting
 - iii. Area/Intergroup
 - iv. Region
 - v. World/GSC

III. Area Reports

- a. NYC – Jeff G, NYCMA Intergroup Chair
- i. Currently 30+ weekly CMA meetings
 - ii. Share-a-day is scheduled for October 4, 2008
 - iii. Anyone interested in facilitating workshops should contact Harley at jmax11@gmail.com
- b. DC – Justin, DC Intergroup Chair
- i. Currently 5 weekly CMA meetings
 - ii. Active Intergroup
 - iii. Upcoming camping trip scheduled for September 13–14
 - iv. Anyone interested in attending should contact Justin at
 - v. justinritchie@comcast.net
- c. PA – David, PA CMA
- i. New and relatively small CMA fellowship with 3 meetings per week
 - ii. Very appreciative of the opportunity to host the first Mid-Atlantic Regional Assembly

IV. CMA General/World Services

- a. Cory, CMA Trustee – presented information regarding the World Literature Committee and requested interested members to reach out to him after the meeting
- b. John T, CMA Trustee – offered his experience, strength and hope in providing service to the fellowship at the World Service level

- c. First CMA General/World Service meeting scheduled for October 17, 2008. All are encouraged to attend.
- d. Additional conference information and registration available online at www.crystalmeth.org

V. Elections

- a. Mid-Atlantic Regional Delegate
 - i. Elected – Mark L from NYC
 - ii. First Alternate – Phil from PA
 - iii. Second Alternate – Shane from DC
- b. CMA General/World Service Trustee
 - i. Elected – Chancy from DC
 - ii. Alternate – Rob from PA
- c. Mid-Atlantic Regional Assembly Chair
 - i. DC will be the host city in 2009
 - ii. Justin from DC will be the chairman of the Regional Committee

VI. Speaker Meeting

- a. Chancy from DC
- b. Sobriety chip distribution – DC CMA
- c. Mark L from NY
- d. Mike from PA
- e. Sobriety countdown – Philly CMA

VII. Fellowship