

CMA - Solutions in Recovery

Wednesdays 7:45 pm–8:45 pm at the Center

CHAIRPERSON'S SCRIPT

Good evening, and welcome to Solutions in Recovery. This is a Crystal Meth Anonymous meeting and is open to anyone who has a desire to stop using crystal meth and all other mind-altering substances.

My name is ____ and I am a crystal meth addict. Are there any other addicts present?

Please join me in the serenity prayer: God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

At this time, we would like to ask everyone to turn off all cell phones. Thank you.

The format of this meeting is as follows: Our speaker will share on his/her experience, focusing on the solutions he/she has found, as well as any other issues related to his/her recovery, for up to 15 minutes. This will be followed by the secretary's break and round robin sharing until 8:30 (or 8:15 on Business Meeting nights) at which time I will ask if there are any burning desires. We will then conclude the meeting at 8:45 pm (or 8:30 on Business Meeting nights). (On the first Wednesday of each month, add "We will be having a business meeting tonight, so we will be ending the meeting 15 minutes early at 8:30. Feel free to stay for the business meeting.")

Now please join me in welcoming tonight's speaker, _____.

(Give the speaker a warning at 5 minutes and at 1 minute).

(The speaker qualifies for 15 minutes, then go to the secretary's break. After the break, ask the speaker to pick someone to start the round robin.)

(At 8:30 (8:15 on Business Meeting nights)): It is now time to call for any burning desires. A burning desire is reserved for anyone who feels that if they do not get a chance to share they may pick up, injure himself or herself or someone else. Please take a burning desire only if you genuinely feel the need to do so. Does anyone have a burning desire?

(After the burning desire): We now go to a show of hands until 8:45pm (or 8:30 on Business Meeting nights).

(At 8:45 (or 8:30 on Business Meeting nights)): That's all the time we have for sharing. Thank you, _____. Would you please lead us in closing with the serenity prayer?