

Last Updated February 1, 2019
CMA Sunday Step & Tradition Meeting
Chair's Script

Good evening and welcome to the Sunday Night Step and Tradition meeting.

My name is _____, and I'm an addict.

Please join me in the Serenity Prayer.

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference."

At this time I would like to ask everyone to silence or turn off all cell phones.

This is an open meeting of Crystal Meth Anonymous. Anyone interested in our program is welcome to attend this meeting. Each week we will read and share about the steps of CMA in sequence. On the last Sunday of the month we read and discuss the tradition that corresponds with that month. On the last Sunday in July we read the CMA 7th Tradition pamphlet & on the last Sunday in December we read the CMA pamphlet on Anonymity.

For those of you who are new, there is a beginner's meeting tonight which begins at 7:30pm here at the Center. Please check at the Front Desk for the room number if you are interested, although everyone is welcome and encouraged to learn about the 12 steps at this meeting.

I have asked _____ to read "What is CMA?"

I have asked _____ to read "Who is an addict?"

I have asked _____ to read ' "The Twelve Steps, A Plan of Action" (*Read 'The 12 Traditions' on the last Sunday of the month*)

Thank you. Is there anyone attending this meeting for the first time or visiting from out of town that would like to say hello?

Is there anyone counting days from 1 - 90 that would like to share his or her day count with us?

We also count clean time in months and years, is there anyone that would like to share their months or years with the group?

Congratulations everyone. The format of this meeting is as follows: we will read the chapter on the step (*or tradition*). By group conscience we alternate between the *Alcoholics Anonymous 12* and *12* and *Narcotics Anonymous: It Works, How and Why*.

We are currently on step/tradition ____ and we are reading from (*AA 12 & 12 OR NA, It Works How and Why*).

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Note to Chair: AA 12&12 – Step Four and Step Twelve are read in two parts. Step 4: Week 1 we read from Beginning until mid-page 48, Week 2 we read Mid page 48 through the end; Step 12: Week 1, we end at the 1st paragraph on page 117, Week 2 we read through the end. On tradition night, we use the book that is currently in use.

The speaker will then share his/her experience on the step (or tradition) for up to 15 minutes with a one minute warning.

We will then take a Secretary's Break, after which we will continue with a show of hands until 7:00, at which time we will take a burning desire and conclude the meeting at 7:15.*

If you'd like to follow along with the reading, you can download the books to your smart device or just search for "AA 12 and 12" or "NA It works How and Why" and find the step or tradition we are currently reading.

We will now begin the reading.

*(ON THE LAST SUNDAY OF THE MONTH, THE BURNING DESIRE WILL BE CALLED AT 6:45 PM AND THE MEETING ENDS AT 7:00 PM TO ACCOMMODATE THE MONTHLY BUSINESS MEETING.)

After the reading

Sharing his/her experience on step (tradition) _____, I introduce _____.

Secretary's Break

7:00pm: Burning Desire (6:45pm on the last Sunday of the month):

Now is the time we call for a burning desire. A burning desire is reserved for someone who has not shared and feels if they do not get the chance to share, they may pick up, hurt themselves, or hurt someone else. Please only take the burning desire if you genuinely feel the need to do so.

Closing reading: "Into Action", "A Vision for You", "There is a Solution", "The Promises," or "How it Works".

Close with the Serenity Prayer.